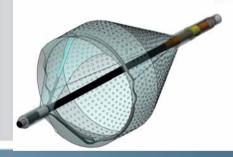


CAROTID ARTERY STENTING TECHNICALS ASPECTS







Symposium Abbott Vascular
CANNES - MEET 2008
Drs V PIRET, P BERGERON

POINTS TO DISCUSS TO CAS

- INDICATIONS
- CONTRA INDICATIONS
- ANATOMICAL CONSIDERATION
- TECHNICS

CAS should be "gold standard" in these situations

- Situations where surgery is complex / contra-indicated
 - → Hostile or difficult necks:
 - tracheostomy
 - laryngeal paralysia
 - restenosis
 - cervical Xray therapy
 - carotid stenosis induced by Xray therapy
 - major arthrosis
 - small and large neck with high bifuraction "buffalo neck"
 - carotid by-pass stenosis
 - → Highly located lesions
 - → Angiodysplasia
 - → Lesions at the common carotid level and on the aortic arch

CAS Indications (2)

- Situations where surgery offers low benefits
 - controlateral occlusions
 - bad Willis circle
 - tandem lesions (distal or proximal)
 - coronary disease
 - major carotid disease
 - respiratory disease
 - neurological deficit
 - heart failure
 - planned coronary revascularization
 - diabetics
 - female sex
- Patients with a short life expectancy due to cancer or elder age represent relative indications for carotid stenting.

CONTRA-INDICATIONS FOR CAROTID STENTING

Carotid stenting should NOT be indicated if:

- Non significant carotid stenosis, as for CEA (<50% for symptomatics, <70% for asymptomatics)
- Low risk patients with long life expectancy
- Highly calcified lesions (>50% circumference) as assessed by dupplex-scan or CT-scan
- Floating thrombus (but G2B3 3a inhibitors, Rheopro)

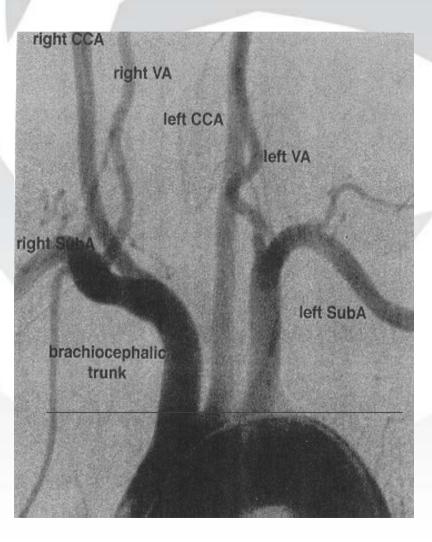
Complex supra aortic anatomy

Bovine arch but

No CI for CAS: direct cervical puncture, reverse flow, starclose closure device

ANATOMICAL CONSIDERATIONS, THE CHOICE OF THE ACCES for CAS

Complex anatomy of the Aortic Arch



- Level I → +/- 70 %
 of cases
- Easy to endovascular approach

Variation of the angles → « acute »

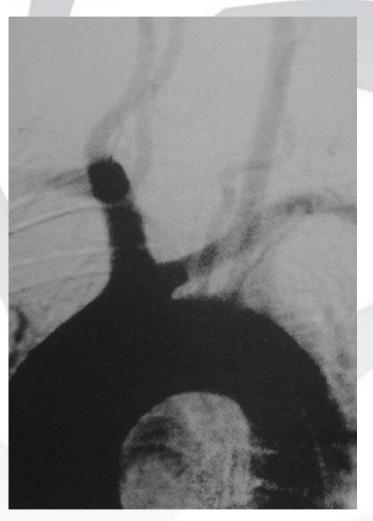


Level II

 Sometimes difficult to approach

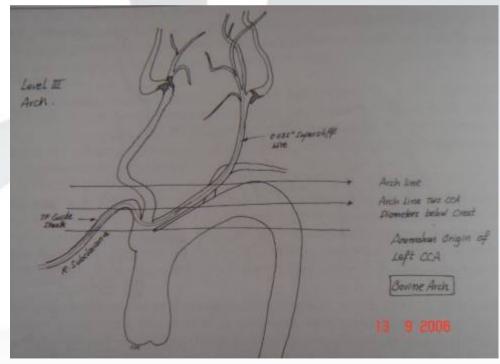


Difficult to approach, major risk of embolism



 \rightarrow C ABCT \rightarrow 11 to 15 %

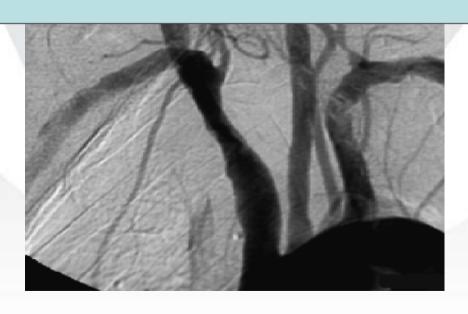
➤ Bovine Arch



Variation of the disposition of the supra aortic truncks

Aberrant right subclavian artery with left cross: 0,5 %

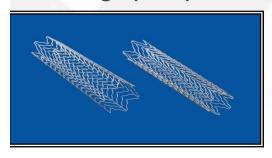
Letf vertebral artery come from aortic arch: 8 %



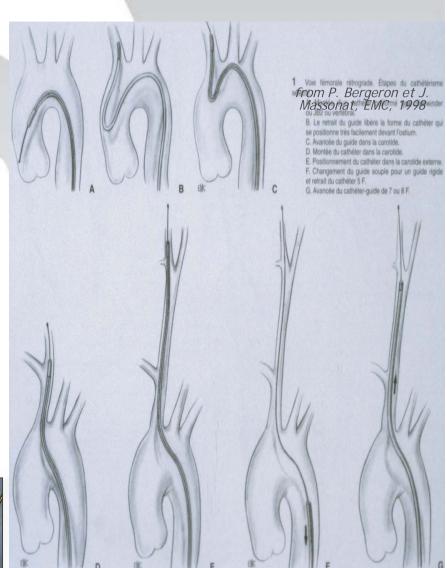


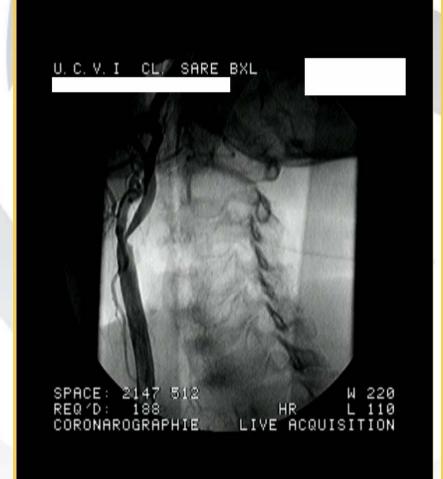
FEMORAL ACCESS

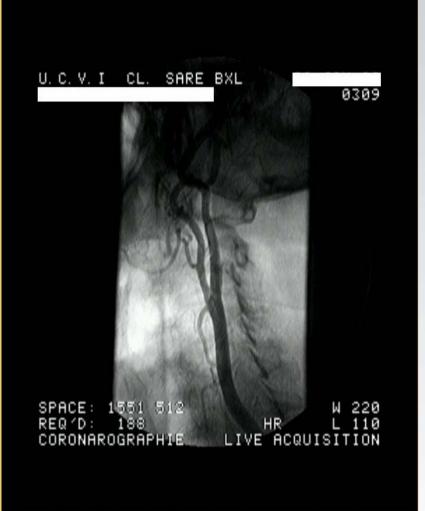
- CFA puncture, introducer 5 or 6fr
- Use an hydrophilic guide untill the aortic arch
- Selective catheterism of LPC or CBAT with diagnosis catheter
- Guidewire exchange, use a stiff GW inside the External Carotid artery
- Positioning of guiding catheter 8fr or long
 introducer 6 or 7 fr just under the bifurcation
- Choose the best incidence (LAO) of the Xray tube
- Choose the good stent and the good CPD
- Do angioplasty











OUR ROUTINE TOOLS

- > Select adequate tools depending on each case
- ➤ Place long 6 or 7 Fr. introducer (90cm) with removable valve in the CCA.
- ➤ Use few diagnosis probes (125cm) :
 - ➤ MPA (multipurpose) or vertebral: right ICA
 - ➤ <u>VTK (Vitek)</u>: left ICA
 - Simmons 2 and 3 (100cm may be helpful): difficult arches
- Use the StarClose device

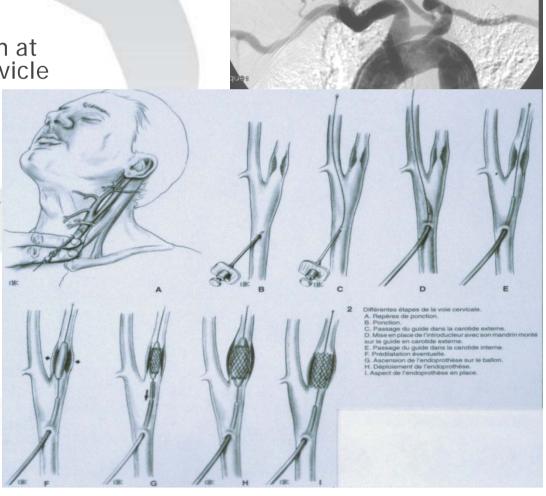
TIPS & TRICKS

- Choice of the GW
 - ➤ Short introducer + guiding catheter
 - > Long introducer
- Dealing with a loop
 - ➤ Extern or intern stiff GW Guides supports (buddy wire technique)
 - Choose appropriate weapons (cerebral protection, stent)
- Do not cross the bifurcation if diseased
 - ➤ Place a Supracore GW or the Pigtail probe in the CCA
- In case of extreme tortuosities
 - Stay in the more proximal portion of supra-aortic trunks
 - Choose highly profiled devices

CERVICAL ACCESS TECHNIQUE

Cervical access is an easier alternative for surgeons while brachial or radial accesses need more expertise.

- > Cervical access
- Feel the carotid pulse
- Percutaneous or via short cut down at the basis of the neck, near the clavicle
- Lower heparinization (2000UI to be reversed)
- 5 or 6 Fr. Introducers
- Positioning of the guiding catheter under the bifurcation
- Angioplasty
- Compression or extravascular closure devices (StarClose)
- Surgical conversion is always possible



CONCLUSION

- Good knowledge of the aortic arch
- Avoid complex cases during learning curve.
- Be selective for patients, tools and techniques!
- Cervical access is helpful in complex anatomies.
- Know when to quit and convert.
- Get trained through courses, simulators, workshops...
- Be confident: there is always a solution for surgeons

THANKS FOR YOUR ATTENTION